

BFN COVID-19 SOP -behaviour is key to mitigating the risk of COVID-19 (Competition Specific)

STEPS	ACTIONS	WHY/TIPS	IMAGES
1. Completely Decontaminate the Sports Premises In and Around	<p>1.1 Ascertain scope/dimension of the area to be decontaminated e.g. Play area, Hostels, all surfaces and restrooms and frequency of decontamination exercise</p> <p>1.2 Have clear videos/pictures to engage Specialist vendor before site visit</p> <p>1.3 Have a member of the Medical Committee Supervise the decontamination exercise. The decontamination exercise must be conducted using appropriate PPEs</p> <p>1.4 Have video evidence of decontamination exercise & a certificate of decontamination</p> <p>1.5 Have a dedicated area for disinfecting sports bag, rackets etc</p>	<p>Cleaning helps to remove pathogens or significantly reduce their load on contaminated surfaces and is an essential first step in any disinfection process</p> <p>All involved to wear appropriate personal protective equipment (PPE) to avoid chemical exposure.</p>	
2. Ensure continuous running water and soap/ alcohol based sanitizer at all entrance and designated points	<p>2.1 Physical inspection of all wash hand points.</p> <p>2.2 Introduce temporary and fit-for-purpose non-contact wash hand points within sports premises and in convenience</p> <p>2.3 Explore use of automated or pedal wash points and soap/sanitizer dispenser</p>	<p>A very important aspect of the COVID-19 Protocol.</p> <p>Wash hands for 20 secs or while singing the Happy Birthday Song</p>	
3. Use of Face mask	<p>3.1 All participants and support personnel must wear facemask at all times</p> <p>3.2 The medical team to have a supply of extra facemasks</p> <p>3.3 All entrants into the sports facility must wear face masks</p> <p>3.4 Replace face masks if they become damp (due to breath, work environment), damaged, soiled or difficult to breathe through.</p> <p>3.4 Face masks for disposal should be discarded in the appropriate plastic lined waste bin</p> <p>3.5 Facemasks shouldn't be worn during play</p>	<p>Part of COVID-19 Protocol</p> <p>Face masks should not be touched by anyone other than the intended user to minimize handling and potential contamination</p> <p>Tips on how to wear facemasks</p>	 
4. Use Infrared thermometers at all entrance	<p>4.1 All Access points must be manned with a personnel who takes temperature reading.</p> <p>4.2 Ensure that anyone with a temperature of above 38 degrees is escorted to the medics and does not gain entrance to the sports facility.</p>	<p>Ensure that 2m distance is observed and both parties have facemasks on, use floor markers to enforce distancing</p>	
5. Buying and Selling/Catering	<p>5.1 There shall be NO vendor in Sports Venue or Facility</p> <p>5.2 Ensure adequate security and access control</p> <p>5.3 Barricade and mark 'safe zones'</p> <p>5.4 Only approved caterer will be allowed access.</p> <p>5.5 Caterers are to ensure strict hygiene and also undergo COVID-19 tests as part of pre-qualification</p> <p>5.6 Team Leaders are to pick food for team members to minimise exposure/contact</p>	<p>To reduce risk of contamination and ensure a controlled area</p>	 
6. Manage Sports facility ,Hostels, Convenience and Changing Rooms	<p>6.1 Ensure all hostels, convenience and changing rooms have adequate ventilation</p> <p>6.2 Ensure they are equipped with contactless washbasins or sanitizers</p> <p>6.3 Ensure they are cleaned frequently. A verifiable cleaning schedule should be established and pasted</p> <p>6.4 Ensure good signage that displays COVID-19 protocol across all buildings ; include BFN Protocol Summary. Also Install floor markers to ensure compliance to distancing</p> <p>6.5 Only disposable napkins or hand dryers should be used</p> <p>6.6 Provide disposable cups for water</p> <p>6.7 There shall not be more than 20 persons at the sports facility/venue at any time . Seating arrangements must be spaced</p> <p>6.8 All players and officials must converge at least 3 days before the competition commences</p> <p>6.9 Ensure there is a clinic within the hostel premises and the sporting facility</p>	<p>To reduce risk of contamination observe social distancing – at least 2m apart</p> <p>Mark X on seats not to be occupied to enforce distancing while seated</p>	    
7. Testing & Conduct Athletes & Support Personnel	<p>7.1 All participants must submit to testing twice before training and competition. Only those who test negative will be allowed to participate in the event</p> <p>7.2 Duplicate certificate must be submitted to the medical team for athletes and support personnel within the sports facility</p> <p>7.3 Athletes must maintain safe distance during play</p> <p>7.4 Use rackets for all contact greeting during play</p> <p>7.5 No spitting, touching of Mouth, Eyes and Nose</p> <p>7.6 No shaking hands or hugging</p>	<p>To ensure safety of players and support personnel</p> <p>The first test is to be conducted 72 hours before arriving to the location of the event while the second test will be conducted before the first training session begins</p>	 
8. Waste Management	<p>8.1 Provide adequate bins lines with bin bags across sports premises and hostel</p> <p>8.2 Waste should be evacuated in the morning and evening</p> <p>8.3 At no point should there be a full waste bin in the facility/hostel</p> <p>8.4 Those handling waste disposal should be in appropriate PPE</p>	<p>To ensure safety of players and support personnel</p>	
9. Transportation	<p>9.1 . All vehicles conveying participants should be at 60% occupancy</p> <p>9.2. All vehicles to have hand based sanitizer</p> <p>9.3 Every occupant should be subjected to temperature scan before boarding</p> <p>9.4 Observe social distancing by sitting on alternate seats</p> <p>9.5 All Occupants to wear facemasks through out the shuttle</p> <p>9. 6 Ensure vehicles are cleaned off after each drop off</p>	<p>To ensure safety of players and support personnel</p>	
10 . COVID-19 Response Unit	<p>10.1 There should be a COVID-19 Sports Response Unit before the event</p> <p>10.2 They will be responsible for managing the COVID-19 Protocol and ensuring compliance</p> <p>10.3 The Unit will be responsible for managing suspected cases</p>		

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STEPS	ACTIONS	WHY/TIPS	IMAGES
1. Completely Decontaminate the Sports Premises In and Around	<p>1.1 Ascertain premises are being disinfected periodically . E.g. Play area, Hostels, all surfaces and restrooms and frequency of decontamination exercise</p> <p>1.2 Have a dedicated area for disinfecting sports bag, rackets etc</p>	<p>Cleaning helps to remove pathogens or significantly reduce their load on contaminated surfaces and is an essential first step in any disinfection process</p> <p>All involved in decontamination/disinfection to wear appropriate personal protective equipment (PPE) to avoid chemical exposure.</p>	
2. Ensure continuous running water and soap/ alcohol based sanitizer at all entrance and designated points	<p>2.1 Physical inspection of all wash hand points.</p> <p>2.2 Introduce temporary and fit-for-purpose non-contact wash hand points within sports premises and in convenience</p> <p>2.3 Explore use of automated or pedal wash points and soap/sanitizer dispenser</p>	<p>A very important aspect of the COVID-19 Protocol.</p> <p>Wash hands for 20 secs or while singing the Happy Birthday Song</p>	
3. Use of Face mask	<p>3.1 All participants and support personnel must wear facemask at all times</p> <p>3.2 All entrants into the sports facility must wear face masks</p> <p>3.4 Replace face masks if they become damp (due to breath, work environment), damaged, soiled or difficult to breathe through.</p> <p>3.4 Face masks for disposal should be discarded in the appropriate plastic lined waste bin</p> <p>3.5 Facemasks shouldn't be worn during play</p>	<p>Part of COVID-19 Protocol</p> <p>Face masks should not be touched by anyone other than the intended user to minimize handling and potential contamination</p> <p>Tips on how to wear facemasks</p>	 
4. Use Infrared thermometers at all entrance	<p>4.1 All Access points must be manned with a personnel who takes temperature reading.</p> <p>4.2 Ensure that anyone with a temperature of above 38 degrees is escorted to the medics and does not gain entrance to the sports facility.</p>	<p>Ensure that 2m distance is observed and both parties have facemasks on, use floor markers to enforce distancing</p>	
5. Buying and Selling/Catering	<p>5.1 There shall be NO vendor in Sports Venue or Facility</p> <p>5.2 Ensure adequate security and access control</p> <p>5.3 Barricade and mark 'safe zones'</p> <p>5.4 Only approved caterers will be allowed access.</p> <p>5.5 Caterers are to ensure strict hygiene and also undergo COVID-19 tests as part of pre-qualification</p>	<p>To reduce risk of contamination and ensure a controlled area</p>	 
6. Manage Sports facility Convenience and Changing Rooms	<p>6.1 Ensure sports facility, convenience and changing rooms have adequate ventilation</p> <p>6.2 Ensure they are equipped with contactless washbasins or sanitizers</p> <p>6.3 Ensure they are cleaned frequently. A verifiable cleaning schedule should be established and pasted</p> <p>6.4 Ensure good signage that displays COVID-19 protocol across all buildings ; Also Install floor markers to ensure compliance to distancing</p> <p>6.5 Only disposable napkins or hand dryers should be used</p> <p>6.6 Provide disposable cups for water</p> <p>6.7 There shall not be more than 20 persons at the sports facility/venue at any time . Seating arrangements must be spaced</p> <p>6.8 Ensure there is a clinic within the sporting facility</p>	<p>To reduce risk of contamination observe social distancing – at least 2m apart</p> <p>Mark X on seats not to be occupied to enforce distancing while seated</p>	    
7. Conduct of Athletes & Support Personnel	<p>7.1 Athletes must maintain safe distance during play</p> <p>7.2 Use rackets for all contact greeting during play</p> <p>7.3 No spitting, touching of Mouth, Eyes and Nose</p> <p>7.4 No shaking hands or hugging</p>	<p>To ensure safety of players and support personnel</p>	
8. Waste Management	<p>8.1 Adequate bins lined with bin bags across sports premises</p> <p>8.2 Waste should be evacuated periodically</p> <p>8.3 At no point should there be a full waste bin in the facility</p> <p>8.4 Those handling waste disposal should be in appropriate PPE</p>	<p>To ensure safety of players and support personnel</p>	
9. Transportation	<p>9.1 . Players/participant to observe Country wide protocol for public vehicles</p>	<p>To ensure safety of players and support personnel</p>	
10 . COVID-19 Response Unit	<p>10.1 There should be a COVID-19 Sports Response Individual or Unit in every training facility</p> <p>10.2 He or they will be responsible for managing the COVID-19 Protocol and ensuring compliance</p> <p>10.3 The Individual or Unit will be responsible for managing suspected cases</p>		